



Front Image: Aberdeen in Winter by John Nugent, 1987



*Thank you for helping us create a community of peace and wellness.
From all of us at Shalom Counseling Services,
Happy Holidays!*

Wishing you a season of peace, wellness, and joy.

*May this time of year
bring you closer to the people, places and moments
that help you thrive.*

This holiday season, a donation has been made on your behalf to Shalom Counselling Services. With this gift, you're helping make mental health support more accessible and affordable for those who need it most.