

## “A Growing Home for Shalom”

Shalom has been blessed by so many supporters throughout the “Growing Home for Shalom” process.



By the end of September 2015 Shalom has received a total of **\$981,661** in donations and pledges in support of the capital project. **\$410,214** was received in 2015.

Throughout the building process, Shalom was able to continue to operate services without missing a single day.

We are grateful for the many people who made this process such a resounding success. The results of “A Growing Home for Shalom” will allow Shalom to meet the needs of our community for many years into the future.

### 2015 in Numbers

**↑11%**

Increase in hours of counselling, consultation, and resourcing provided by Shalom in 2015.

**91%**

The percentage of people receiving counselling at Shalom that were not able to cover full cost. 36% had incomes below the poverty line.

**7X**

The average number of times counsellors met with a client in 2015.

**\$40**

The amount of support donors provide per hour of counselling at Shalom.

### Thanks to our partners

Regional Municipality  
of Waterloo's



United Way  
Kitchener Waterloo & Area



HEALTH-CONNECT  
COUNSELLING PARTNERS



9 Avondale Ave. S.,  
Waterloo, ON N2L 2B5  
(519) 886-9690

[www.shalomcounselling.org](http://www.shalomcounselling.org)

## Shalom's Mission

*Shalom's mission is “Helping People Grow Toward Peace and Wholeness.” We seek to fulfill this mission through the provision of individual, couple, family and group counselling and consultation.*

### Board of Directors (2015)

Andrew Roth, Chair	Lynne Blake-Dickson
Brenda Leis, Vice-Chair	Kara Carter
Fred Loganbill, Treasurer	David Gingerich
Marilyn Leis, Secretary	Kaye Rempel
	Barry Roth

**New Board Members:** Chris Brnjas & Henry Hildebrand

### Our Staff

	Start Date
Jeanne Kelly, MA (AAMFT)	1988
Wanda Wagler-Martin, MSW, RSW	1997
Karen Huehn, MSW, RSW	1999
Rod Miller, MSW, RSW	2001
Cynthia Cober, Admin Secretary	2003
Brian Laverty, M. Th. (AAMFT)	2003
Susan Schwartzenruber, MSW, RSW	2010
Paula Quarrie, MSW, RSW	2012
Melody LeClair, MA (AAMFT)	2014
Steven Reesor Rempel, Development	2014
Evening Receptionists:	
Jenni Poetzsch	
Bethany Nightingale	
Neil Thomas	



**Helping People Grow  
Toward Peace and Wholeness**

**Serving Our Community Since 1983**



**Annual Stewardship  
Report - 2015**

## Reflecting on 2015: Overwhelmed by Goodness

*Executive Director Report: Wanda Wagler-Martin*

It is not uncommon for people seeking counselling at Shalom to note that they are feeling overwhelmed. The details of life, in combination with new stressors or old struggles, often result in people feeling weighed down beyond what is manageable. Ironically the word overwhelmed aptly describes the experience of Shalom in 2015.

To be overwhelmed is often associated with negativity, but we have experienced being overwhelmed in the most positive of ways this past year. We have been overwhelmed by goodness.

2015 marked a time of significant changes for Shalom. As the year began we were fully engaged in the planning process for a building expansion. Our “Growing Home for Shalom” project, with its roots in a 2012 Visioning process, was well underway.

In April we relocated our offices to the Erb St. Mennonite Church where we continued our services for the next seven months. Throughout this time the building project continued and reached completion in mid-October. Shalom staff relocated to our beautifully expanded space at the end of October.

To our delight and gratitude this has been an amazing process with a phenomenal outcome. Apparently to complete a project under budget and on time, is a rarity, and we are incredibly grateful that both of these were realized.

To define our experience of this past year, let it suffice to say that we have been overwhelmed...

- By the generosity of our many supporters who pledged and gave over \$1M to make this project possible.
- By the Erb St. Mennonite congregation who graciously hosted us during this transition time and who continue to be a valued landlord.
- By the many volunteers on the Building Committee, the Development Advisory Committee and the Furnishings

Committee, whose time, insights and creativity contributed greatly to the success of this project.

- By Murray Leis Construction, and project manager, Arnie Bender, and all the trades who worked tirelessly to ensure competence and timely completion of the building.
- By a supportive community who maintained a keen and encouraging interest in the project.
- And by staff who were flexible and maintained a commitment to compassionate service delivery throughout the transitions.

Thank you to the community of care that made this past year overwhelmingly positive at Shalom. We couldn't do it without you!

### Primary Reasons for Seeking Counselling

Mental Health Concerns (Depression, Anxiety, etc.)	35%	████████████████████
Relationship Challenges	22%	████████████████████
Family & Parenting Concerns	14%	████████████████████
Grief & Loss	6%	██████████
Abuse & Trauma	5%	██████
Work & School	4%	████
Health, Aging & Other	4%	████
Stress Management	3%	███
Personal Growth, Spirituality, Self-Esteem & Sexuality	3%	███
Anger Management, Communication & Conflict Resolution	2%	██
Substance Abuse & Addictions	2%	██

34%  
Males

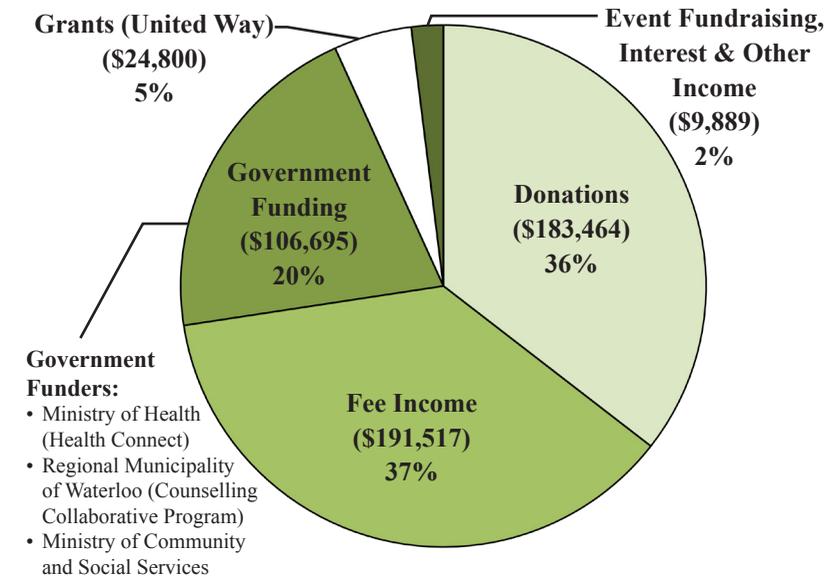


66%  
Females

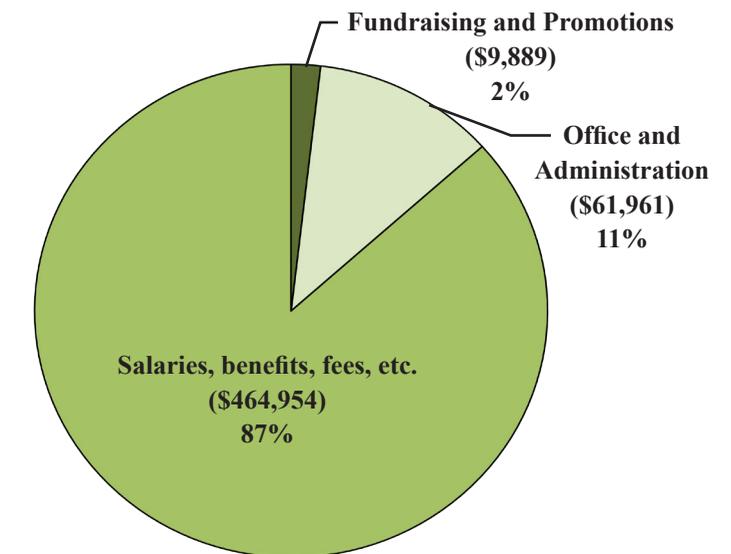
## Financial Update

Year Ending September 30, 2015

### Operating Income



### Operating Expenses



**2015 Operating Deficit: -\$21,889**

\* Complete audited financial statements are available upon request.